

Riverview Skating Club

Tentative Ice Schedule 2009-2010

Does not include off-ice sessions

Skaters must skate ONLY the days they are registered for.

THERE WILL BE NO MAKE-UP DAYS EXCEPT WITH DR CERTIFICATE

MONDAYS

4:20 – 5:20	JR/SR Free
5:20 – 5:50	JR/SR Skills/Dance
5:00 – 5:50	JR Development

WEDNESDAYS

4:15 - 4:30	JR Skills
4:30 – 5:15	JR Free
5:15-5:30	JR Dance
5:30- 6:20	CANSKATE
6:20- 6:30	FLOOD
6:30-6:45	SR Stroking
6:45- 7:45	SR Free
7:45-8:00	SR Spin
8:00-8:30	SR Skills/Dance

SATURDAYS

8:00-9:00	SR Free
9:00-9:30	JR/SR Skills/Dance
9:30-10:15	JR Free /JR DEV
10:15-10:30	JR Stroking including JR DEV skaters
10:30-10:40	Flood
10:40-11:30	CANSKATE & PS CANSKATE (Fall)
11:30-12:30	SYNCRONIZED SKATING (Fall)
10:40-11:30	CANSKATE (Winter 1&2)
11:30-12:00	PS CANSKATE (Winter 1&2)
12:00-1:00	SYNCRONIZED SKATING (Winter 1&2)

SUNDAY (Spring Only)

4:00- 4:50	CANSKATE & PS CANSKATE
4:50- 5:35	JR Free /JR DEV
5:35-5:50	JR Stroking including JR DEV skaters
5:50 – 6:00	Flood
6:00 – 6:30	JR/SR Skills/Dance
6:30-7:30	SR Skills/Dance

Additional Information

Registration Dates are as follows

all registration sessions will take place at the Newport Rink

FALL Wed Sept 2 6:00-8pm & Mon Sept 7 4:15pm-6pm

Winter 1 Wed Oct 28 6:00-8: pm & Sat Oct 31 9:30-11:30am

Winter 2 TBA

Spring TBA

CanSkate/Preschool CanSkate/JR Development Fees

include - Ice time, Professional group lessons Progress Reports & badges (if applicable) Special treats and incentives, Orientation session, Monthly club newsletters and handouts, Participation in Club activities and special events including Ice Show

JR/SR StarSkate Fees include - Ice time, Professional coach run stroking session, Monthly club newsletters and handouts, participation in club activities and Ice show at no extra cost. Lessons are to be arranged with a coach of your choice and paid separately to the coach.

Fundraising - Each family is required to participate in club fundraisers. (\$20/session) The Fundraising Committee will provide details on our fundraisers during each registration session

Special Events for 2009-2010 season. (Subject to change)

Fall	Bring a Friend	Oct 28 & Oct 31
Winter #1	Skate-A-Thon	Nov 25 & Nov 28
Winter #2	Ice Show	March 6 & 7
Spring	Spring Invitational Skate	Apr 17

Volunteering - Our club is entirely run by volunteers. A parent/guardian of each skater is asked to volunteer through out the year. For those in the STARSkate program a fee of \$100 may be paid in lieu of volunteering. A postdated cheque for \$100 will be collected from all starskaters at registration. It will be cashed only if volunteer obligations are not fulfilled. In addition it is expected that all club members volunteer at the ice show and spring competition. These are very important fundraisers and help keep our fees low. Please ask any member of the executive how you can help. Many hands make less work!

MUSIC – Music fee will be a \$25.00 postdated cheque due at each registration. Cheques will only be cashed only if music obligation is not fulfilled.



Riverview Skating Club

Newport Rink
Box 33 Newport, Nova Scotia, B0N 2A0

<http://riverviewskatingclub.com>

Programs 2009-2010

Fall Session
Sept 7 – Oct 31

Winter Session #1
Nov 2 – Jan 2

Winter Session #2
Jan 4 – Mar 7

Spring Session
Mar 21 - May 12

Register Early Limited Enrollment

Riverview Skating Club is a member of
Skate Canada-Nova Scotia

*We have programs for all
Ages & Levels*

Come skate with us...

CLUB PROGRAMS 2009-2010

Days and times for all programs are subject to change depending on enrollment

PRESCHOOL CANSKATE (3 & 4 year olds)

A preschool program designed for 3 and 4 year olds. Children are taught to skate with an active play format. A professional coach as well as program assistants are on the ice at all times. The sessions mix fun and play on the ice through games and creative exercises. Various theme days are planned through the year. Skaters will not be tested for Badges in this program but will receive other incentives through the season. Skaters will be evaluated at the end of session to determine if they are ready to move to the CanSkate Program.

(FALL & SPRING sessions Preschool CanSkate will skate within the full CanSkate program a group will be made for preschool canskate)

HELMETS - mandatory for all skaters

FALL	Saturdays	10:40 – 11:30	(on-ice)
WINTER 1 & 2	Saturdays	11:20 – 11:30	(off ice)
		11:30 -12:00	(on-ice)
SPRING	Sundays	4:00 – 4:50	(on-ice)

CANSKATE (Age 5 & up)

The program teaches fundamental skating skills like skating forwards, backwards, stopping, turning, jumping and spinning. The skills are taught and emphasized through fun activities, and continuous movement in small groups (max 10 skaters) The CanSkate Program is taught by Professional Coaches with the help of program assistants. Various theme days are planned through the year. See the club newsletter or bulletin board for upcoming events. Skaters have the option of adding private lessons by a certified coach in this program

HELMETS – It is mandatory that CanSkaters up to Stage 3 or age 6 (whichever is later) wear a **CSA Approved Hockey/skating/ Skiing/Snowboarding helmet**. Bike helmets do not protect a child's head for this type of activity

Wednesday	5:30 - 6:20
Saturday	10:40 - 11:30
Sunday (Spring only)	4:00 – 4:50

JUNIOR DEVELOPMENT

This program is designed as a bridge from CanSkate to StarSkate. Skaters should have competed stage 4 in the CanSkate program or be recommended to the program by the head coach. Skaters will be introduced to figure skating jumps/spins/turn and Dances. Lessons are taught in a group format. Skaters may skip this program if private/semi private lessons would be preferred for the skater. Skaters are encouraged to seek out a professional coach for additional lessons in this program.

Monday	5:00 – 5:50
Saturday	9:30 –10:30

For insurance purposed you must be registered before you step on the ice

PROFESSIONAL COACHES

Junior & Senior STARSKATE / COMPETITIVE SKATE

These programs are for skaters who wish to learn the fundamentals of figure skating. CanSkate/JR Development programs are not a prerequisite for this program. Skaters are taught through group, semi-private or private lessons with a professional coach of your choice. All lessons are arranged by the parent / skater and fees for coaching are paid directly to the coach. Skaters choose sessions they wish to skate. Skaters work towards Skate Canada tests and have the opportunity to compete at various local skating competitions.

Juniors - Skaters working on Skate Canada tests up to and including the Preliminary Freeskate Test.:

Monday	4:20 -5:50
Wednesday	4:15- 5:30
Saturday	9:00- 10:30

Seniors – Skaters who have passed the Preliminary Freeskate Test:

Monday	4:20 - 5:50
Wednesday	6:30 - 8:30
Saturday	8:00 -9:30

SYNCHRONIZED SKATING

Synchronized skating is a growing part of figure skating that encourages team work and friendship while improving skating skills. It involves teams of 8 or more skaters performing various group formations and maneuvers to music

Prerequisite – skaters must have passed stage 5 in the CanSkate Program and or been in the JR development program or higher. Tryouts for the various teams will happen the first 2 weeks of the season. Skaters will be placed on teams appropriate to their skating level and ages. Decisions as to where each skater will skate will be made by the coaching staff.

The Icicles – Is our Beginner team. Skaters on this team can be up to 12 years old. This team is a development team for our other teams. Skaters learn the basics of Synchronized skating.

The Ice Dazzlers - This is our competitive **Elementary/ Juvenile** level team and skates on this team will range in age from under 10 to 16. Last year this team won the provincial championships

Riverview Eclipse - This would be our most senior team. Skaters on this team will compete at the **PreNovice/Novice Level**. Skaters on this team can range in age from 10-19 based on skating ability

This is a 24 week session. Included in the price are coaching, competition fees and dresses and tights.

Saturdays FALL - 11:30 – 12:30 & WINTER 1 & 2 12:00-1:00

FEE SCHEDULE

A \$30.00 annual Skate Canada Registration is due with each new membership of the year. This is non-refundable.
There is a 10% discount for families of more than one skater

Per 8 week session

PROGRAM	Days per week	Total sessions	FEE per 8 weeks
Preschool CanSkate	1	8	\$50
CanSkate	1	8	\$60
Canskate	2	16	\$100
Jr Development	1	8	\$75
Jr Development	2	16	\$130
Jr StarSkate	Monday	8	\$85
Jr StarSkate	Wednesday	8	\$75
Jr StarSkate	Saturday	8	\$75
JR FULL YEAR	M/W/S	96	\$830
SR StarSkate	Monday	8	\$85
SR StarSkate	Wednesday	8	\$110
SR StarSkate	Saturday	8	\$80
SR FULL YEAR	M/W/S	96	\$1000

StarSkate full year special rates may be paid with 4 post-dated cheques.

SYNCHRONIZED SKATING

Riverview Eclipse & The Ice Dazzlers - 24 week session 125.00 due at registration and 2 postdated cheques for \$125.00 dated Nov 3 and Jan 14. Skaters must commit to the entire 24 week session.

The Icicles – as this is a development team skaters may join up until the start of winter #2 Skaters skate the first 45min of each synchro session. The fee per 8 weeks –\$60.

Payments can be made by cheque or money order payable to:
Riverview Skating Club

No refunds will be given after the first two weeks of each session (for new skaters only). Refunds are less Skate Canada Fee

Riverview Skating Club
Box 33, Newport
B0N 2A0

For more information contact

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